

**Payment for the DBT Psychology Clinic program
&
Medicare and Private Health Fund Information**

Medicare information:

- ◇ You do not require a referral to join our program.
- ◇ Payment for our program occurs upfront – according to your payment option – either weekly, per module or per 3 modules
- ◇ If you are a Medicare card holder, ask your GP for a mental health care plan, or psychiatrist for a letter of referral. If your GP/psychiatrist approves this, you will be eligible for Medicare rebates.
- ◇ As you attend your sessions, we will process the approved rebates (usually in batches at week 4 and week 8 of the module). The rebate will be deposited into the bank account that you have registered with Medicare.

Medicare guidelines suggest:

- ◇ You may be eligible for up to 10 Medicare individual rebates per calendar year (these will go towards individual sessions that you attend and in total, you may receive up to approx. \$1300.00).
- ◇ You may be eligible for up to 10 Medicare group rebates per calendar year (these will go towards group sessions that you attend and in total, you may receive up to approx. \$320.00).
- ◇ Each time a review/re-referral is required, we will ask you to return to your GP to request this. This is usually after the 6th and 10th session. We will also write to your GP/psychiatrist to inform them of your progress.
- ◇ Rebates cannot be claimed if the review/re-referral has not been received.
- ◇ Rebates cannot be claimed if the session was not attended. Group rebates cannot be claimed if you attended online or if there were less than 6 people attending group. Rebates cannot be claimed in advance.

Private Health Insurance:

- ◇ If you have private health insurance that includes psychological counselling as extras cover you may be eligible for a partial rebate. It is recommended that you contact your individual insurance provider for further information about your individual coverage. We do not process private health insurance rebates, however we will issue you with a receipt to claim the rebate through your private health fund.

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